

Healthy Pregnancy Seminar Series: **A 'Pregnant Pause' on International Fetal Alcohol Spectrum Disorders (FASD) Awareness Day**

Tuesday 9 September 2014

Loughview Suite, Jordanstown campus, University of Ulster

Jointly hosted by the Doctoral Midwifery Research Society (DMRS) & the Centre for Maternal, Fetal & Infant Research (MFIR), home of EUROCAT Central Registry, within the Institute for Nursing & Health Research (INHR) at University of Ulster

Funded by Health & Social Care Research & Development (HSC R&D) Northern Ireland (NI) & INHR, University of Ulster

Please register your interest with INHR Secretary, Julie Cummins j.cummins1@ulster.ac.uk

AGENDA

08:15 - 08:45 Registration with refreshments (Tea/Coffee/Water)

Background viewing of FASD video.

08:45 - 08:50 Welcome

Prof Kader Parahoo - Director of INHR

Seminar chaired by Prof Marlene Sinclair

08:50 - 09:00 Introduction and acknowledgement of 'International FASD Awareness Day'

Prof Marlene Sinclair (Conference chair) - Professor of Midwifery Research within the INHR at the University of Ulster & President of the DMRS

09:09 - 09:18 Pregnant pause - 'Spiritual Pronouncement'

Fr Terry Howard - Roman Catholic Chaplain, University of Ulster, with 'Shannon' - young person with FASD who will assist the pronouncement by ringing the bell; PowerPoint slide and 9 Facts to remember about FASD

09:18 - 09:40 Opening address by the Chief Medical Officer for NI

Dr Michael McBride - Department of Health Social Services & Public Safety NI

09:40 - 10:00 Perspectives and welcome from the Centre for MFIR

Prof Helen Dolk - Professor of Epidemiology and Health Services Research, INHR & Head of the Centre for MFIR, University of Ulster

10:00 - 10:30 **1st Keynote Speaker** - Overview of Fetal Alcohol Spectrum Disorders

Dr Moira Plant - Emeriti Professor of Alcohol Studies, University of the West of England

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10:30 - 11:00 Comfort break with refreshments, scones & fresh fruit

11:00 - 11:20 Modifiable Maternal Risk Factors for Pre-natal Alcohol Exposure and FASD

Vic Robinson - Doctoral Student from the MFIR Centre, University of Ulster & Jointly Appointed Lecturer Practitioner, University of Ulster & South Eastern Health & Social Care Trust (SET)

11:20 - 12:10 **Interactive Workshops** (NB everyone will have the opportunity to participate in both workshops)

Workshop 1

Alcohol in the context of Pregnancy: the myth of 'Safe Limiting'

Alison Armstrong, Service Manager with ASCERT (Action on Substances through Community Education & Related Training)

Workshop 2

The Lived Experience of fostering a young person with FASD

Margaret McGillion - Foster Carer/Parent & Western Trust Area FASD Support Group

12:15 - 12:45 **2nd Keynote Speaker** - Fetal Alcohol Spectrum Disorders: 'What We've Learned'

Dr Luther Robinson, MD, Professor of Paediatrics, Division of Genetics, State University of New York at Buffalo School of Medicine and Biomedical Sciences, Women & Children's Hospital of Buffalo at Kaleida Health, USA

12:45 - 13:15 **3rd Keynote Speaker** - Prenatal Behaviours & Associated Implications of FASD

Dr Peter Hepper, Professor of Psychology, Queen's University Belfast

13:20 - 13:50 Questions & Answers Panel -

Chaired by Rosie Kelly, Clinical Manager, Acute Paediatrics and Neonatology, Ulster Hospital SET

13:50 - 13:55 Conclusion & exhort to action, followed by buffet lunch

Conference chair, Prof Marlene Sinclair



Please note one further seminar day in the Healthy Pregnancy Seminar Series

- 12 Nov 2014 - The Challenges of Breastfeeding: Practice, Research and Politics