Nutrition and Nurture in Infancy and Childhood:
Bio-Cultural Perspectives

Organised by the Maternal and Infant Nutrition and Nurture Unit (MAINN),
School of Health, University of Central Lancashire

Wednesday 8th, Thursday 9th, Friday 10th June 2011
Grange Over Sands, Cumbria, UK
The conference links closely with the international journal Maternal and Child Nutrition (Wiley-Blackwell Publishing) that has its editorial office in MAINN.

The conference will explore key themes from a range of disciplinary perspectives on infant and child feeding, eating and nutrition.

**Aims:**
- Illuminate socio-cultural, political and economic influences upon infant and child feeding practices.
- Explore the nature of relationships within families in connection with various types of nutritive and nurturing behaviour in infancy and childhood.
- Increase understandings of breastfeeding as a biopsychosocial activity.
- Enhance understandings of the complex interactions between socio-cultural, psychological and biological factors in infant and child feeding, eating and nutrition.
- Focus on key initiatives that may impact upon practices related to infant and child feeding, eating and nutrition.

**Participants:**
The conference will be of interest to practitioners, academics and students across a spectrum of disciplines including:

- Anthropologists
- Biological Scientists
- Breastfeeding Support and Advocacy Groups
- Children’s Centre Managers
- Dieticians
- Family Nurses
- General Practitioners
- Health Economists
- Health Visitors
- Infant Feeding Specialists
- Lactation Consultants
- Maternal and Child Health Nurses
- Medical Sociologists
- Midwives
- Neonatal Nurses
- Neonatologists
- Nutritionists
- Paediatricians
- Public Health Specialists
- Psychologists
- Sociologists

**Location**
The conference will take place at the Grange Hotel, Grange Over Sands, Cumbria, situated on the fringe of the Lake District in beautiful surroundings. For details on the charms of this stylish location go to www.grange-hotel.co.uk

**Background**
There is a growing understanding of the complex interactions between socio-cultural, biological, political and economic influences upon infant and child feeding, eating and nutrition. This international, interdisciplinary conference is organised by the Maternal and Infant Nutrition and Nurture Unit (MAINN). MAINN is a multidisciplinary unit within the School of Health at University of Central Lancashire, UK.

**Conference Information**

**Keynote Speakers:**
- Sue Ashmore – WHO/UNICEF Baby Friendly Initiative: Where are we up to? Director of UNICEF UK Baby Friendly Initiative
- Professor Helen Ball – Breastfeeding and infant sleep: A research update
  Department of Anthropology, Durham University
- Professor Uwe Ewald – Creating ‘space’ for family centred care in neonatal units
  Consultant Neonatologist, Uppsala University/NCU, Sweden
- Professor Mary Renfrew – The challenge of breastfeeding in neonatal units
  Director of Mother and Infant Research Unit (MIRU), University of York
- Professor Virginia Schmied – Breastfeeding – is it the problem?
  Contradictions and challenges for women, professionals and communities in contemporary breastfeeding discourses
  University of Western Sydney, Australia
- Dr Mike Woolridge – The mechanics of breastfeeding revised
  Leeds Institute of Health and Social Work, University of Leeds
- Professor Muktiar Zaman – Community management of acute malnutrition in conflict, flood and poverty-stricken communities in Khyber Pakhtunkhwa, Pakistan
  Khyber Medical College, Peshawar, Pakistan

**Conference Information**

**Day 1: Wednesday 8th June 2011**

**08:30 - 08:50**
Conference registration and refreshments

**09:00 - 10:00**
Address by conference convenor: Fiona Dykes

**10:00 - 10:50**
Keynote: Mary Renfrew - The challenge of breastfeeding in neonatal units

**10:50 - 11:30**
Refreshments

**11:20 - 11:30**
Concurrent Session: 1
- Room A: Bartle C (NZ) Mother-baby-care as a crucial part of support for breastfeeding: meaningfulness, manageability and comprehensibility in a NICU
- Room B: Caparzana MV, Jujjan IA, Constantinos AS, Vargas MB (Philippines) Feeding practices of Filipino Children. From breast to complementary to household food
- Room C: Burgess-Alley J, Fomby E (UK) Exploring the cultural milieu in which babies are fed
- Room D: Zuccolo V, Dick D, Cowley S (UK) Factors and influences on women’s decisions about infant feeding from pregnancy until six months post birth: A longitudinal qualitative study

**12:00 - 12:30**
Concurrent Session: 2
- Room A: Thomson G, Whitmore M, Putsey J, Dykes F (UK) Insights into the development and introduction of an Infant Feeding Information Team (FIT)
- Room C: Jicott SB, Ikses SB, Charles B, Elwood N, Myhr J (USA) Towards a broader evaluation framework for supplementary feeding programs
- Room D: Eibsch-Burton K (Germany) Let’s join the Resistance! Breastfeeding and the discourse of oppression and liberation: A linguistic approach

**12:30 - 13:40**
Lunch

**13:40 - 14:30**
Keynote: Uwe Ewald - Creating ‘space’ for family centred care in neonatal units

**14:40 - 15:10**
Concurrent Session: 3
- Room A: Bonet M, Bindold B, Forcella E, Cottini M, Agostino R, Draper E, Zeitlin J (France/Italy/UK)
  Barriers and facilitators for breastfeeding very preterm infants: Views from health professionals in England, France and Italy
- Room B: Craig L, Hodenstott P, Britten J, Mohrnes R (UK) Introducing solids: Parental priorities and professional approaches
- Room C: Anonakou A, Anastasiou K, Chou A, Skenderi M, Matlas A-L (Greece) Breast milk lipid content during the first six months in exclusively breastfeeding Greek women
- Room D: Februhartanty J, Mutismatur S, Utomo B, Sunand R (Indonesia) Strategic roles of fathers in optimising breastfeeding practices: A study in an urban setting of Jakarta

**15:20 - 15:50**
Concurrent Session: 4
- Room A: Geraghty S (USA) Got milk? Sharing human milk via the internet
- Room B: Choudhry K, Wallace LM, Ashford S (UK) Private act or public right: Women’s experiences of breastfeeding in public in the UK
- Room C: Quigley MA, Hockley C, Carson C, Kelly Y, Renfrew MJ, Sacker A (UK) Breastfeeding is associated with improved child cognitive development
- Room D: Burns E, Schmied V, Henrick J, Sheehan A (AUS) Establishing breastfeeding: A discourse analysis of health professional support

**15:50 - 16:30**
Refreshments

**16:30 - 17:30**
Concurrent Workshops (limited places) and Interactive Poster Session
- Room A: Emmett P, Cobb V, Jones L, Northstone K (UK) The importance of infant diet: Evidence from ALSPAC and the HabEat European consortium
- Room B: Entwistle F, Fedele S (UK)Commissioning local breastfeeding support services in times of austerity
- Room C: Boudás Z (Hungary) Understanding early infant cry problems as challenges to maintaining breastfeeding
- Room D: Long L, Khan K (UK) Infant feeding ‘life line’: An educational exercise exploring attitudes to infant feeding

**18:00 - 19:00**
Editorial Board Meeting (Maternal and Child Nutrition - Editorial Board Members)
Day 2: Thursday 9th June 2011

09:00 - 09:10 Welcome by Chair: Victoria Hall Moran (Senior Editor of Maternal & Child Nutrition)
09:10 - 10:00 Keynote: Muktasar Zaman - Community management of acute malnutrition in conflict, flood and poverty-stricken communities in Khyber Pakhtunshwa, Pakistan
10:10 - 10:40 Concurrent Session: 1
Room B: Boume IT, Maran D (South Africa/AUS) Food-based dietary guidelines for determinants of infants and young children: The South African experience
Room C: Bannister T (UK) A holistic approach to the management of feeding in infants born with cleft lip and/or palate
Room D: Daragomt J, Gabbie G (UK) Exclusive breastfeeding beyond six months: Reflections on an autobiographical case-study
10:40 - 11:10 Refreshments
11:10 - 11:40 Concurrent Session: 2
Room A: Goundit S, Faze S, Bogin B, Griffiths P (Bangladesh/UK) How do pregnant women and community health workers perceive the root causes of malnutrition of infants and young children in Dhaka slums, Bangladesh?
Room C: Bartle C (NZ) An exploration of ethical principles, harm, deception, corporate responsibility and the marketing of breast-milk substitutes
Room D: Hoddinott F, Craig L, Sherriff D, MacLennan G (UK) The Feeding Support Team (FEST) trial for breastfeeding women living in disadvantaged areas
11:50 - 12:20 Concurrent Session: 3
Room A: Mahotta A, Kaur R (India) Effect of nutrition counselling on gestational weight gain, care-seeking practices and birth outcome of pregnant rural women
Room C: Buttani H, Kna C (UK) Food and nutrition in early years childcare settings in England: National, regional and local policy and practice
Room D: Ingram J (UK) Breastfeeding peer support services: views and outcomes
12:20 - 13:30 Lunch
13:30 - 14:20 Keynote: Sue Ashmore - WHO/UNICEF Baby Friendly Initiative: Where are we up to?
14:30 - 15:00 Concurrent Session: 4
Room A: Akram DS (Pakistan) Feeding malnourished children during an emergency: Experience in flood relief camps in Karachi, Pakistan
Room B: Hamula I (Finland) Breastfeeding attitudes and self-efficacy among Finnish families during the first six months postpartum
Room C: Byrom A, Thomson G, Bilston A, Dykes F (UK) Macro-interventions in to micro-cultures: The UNICEFWHO Baby Friendly Hospital Initiative
Room D: Shaban S, Naft M, Elbakry S, El-Battawi SR, A Abdel Kader (Egypt) Different infant feeding patterns in the first six months of life and predictability of early atopy
15:10 - 15:40 Concurrent Session: 5
Room A: Patel A, Badhonya N, Bolkar J, Agio K, Dibley MJ (India) Malnutrition among children 6-23 months of age in India and association with WHO complementary feeding indicators
Room C: Greulich D, Semenic S, Gray-Donald, Haiek L, Sibeko L, Molino I (Canada) Evaluating the breastfeeding policy guidelines of Quebec, Canada: Walking through the challenges and success
Room D: Thomson G, Dykes F (UK) Giving me Hope: Women’s reflections on a Breastfeeding Peer Support Service
15:40 - 16:10 Refreshments
16:15 - 17:15 Concurrent Workshops (limited places) and Interactive Poster Session
Room A: Hamula I (Finland) Breastfeeding attitudes and self-efficacy among Finnish families during the first six months postpartum: Giving birth to self
Room B: Wallace L, Law SM, Dunn OM, Jospi R, Nevybo K (UK) A whole healthcare economy approach to training in breastfeeding support knowledge and practice skills: Coventry University breastfeeding assessment and self-study methods
Room C: Bannister T (UK) A holistic approach to the management of feeding in infants born with cleft lip and/or palate
Room D: Drumlit K, Widstrom A-M, Svensson K, Cakcaci C (Sweden) Development of teaching materials to overcome barriers to implementing uninterrupted skin-to-skin
19:00 Wine Reception (Funded by Wiley-Blackwell – Publishers of Maternal & Child Nutrition)
19:30 Conference Dinner (optional)

Day 3: Friday 10th June 2011

09:00 - 09:10 Welcome and Chair’s Address: Renee Flacking
09:10 - 10:00 Keynote: Helen
Room A: Darling J-A (AUS) Breastfeeding: The way our mother’s taught us. Australian aboriginal breastfeeding style
Room B: Majaliwa E, Bright N, Suvi A, Ritta V, Mikael K, Suvi V (Finland) Socio-demographic and lifestyle characteristics are associated with wearingings in 0-2 year-old Finnish children
Room C: Farrov C, Bissett J, Haycraft E (UK) Relationship between breastfeeding and subsequent parental feeding behaviours and child eating at 2 years
Room D: Bilenko N, Belmak L, Vardi-H, Fraser D (Israel) A cluster RCT to assess the efficacy of multiple micronutrient supplementation to improve the nutritional and health indicators in Jewish and Bedfim infants in Southern Israel
10:10 - 10:40 Refreshments
11:10 - 11:40 Concurrent Session: 2
Room A: Barnes M, Rose J (AUS) Making baby’s bed: Historical and contemporary images of mother-infant interaction
Room B: Anderson C, UK Women’s experiences of breastfeeding in private and public spaces
Room D: Vargas MB (Philippines) Correlates of anaemia among young children in the Philippines
11:50 - 12:20 Concurrent Session: 3
Room A: Ebis Olton K (Germany) A quiet room on her own: The discursive construction of breastfeeding as a risk-taking practice
Room B: Hoddinott F, Craig L, Britten J, Mshoni R (UK) Idealism and realism in infant feeding: Time for change
Room C: Juguan AJ, Caperanosa MV, Cerdena CM, Arandia MD (Philippines) Childhood food insecurity and its correlates - Philippines
Room D: Semmic S, Greulich D, Rodrigues C, Haiek L, Gray-Donald K, Sibeko I (Canada) Understanding political influences on breastfeeding practices: An illustration of the breastfeeding policy development process in Quebec, Canada
12:20 - 13:30 Lunch
13:30 - 14:20 Keynote: Mike Woolridge - The mechanics of breastfeeding revised
14:30 - 15:00 Concurrent Session: 4
Room A: Guindiodia M (Philippines) Infant and young child feeding practices of Filipino children
Room B: Law SM, Hughes E, Jospi F, Wallace L, Byrne C (UK) Health professionals’ experiences of using the Coventry University BF Assessment (CUBA) self study breastfeeding workbook and DVD
Room C: Nasar MF, Younis NT, Ez El-Arab, Fawzi FA (Egypt) Neuro-developmental outcome and brain neurotrophic factor level in relation to feeding practice in early infancy
Room D: Leeming D, Williamson I, Johnson S, Lyttle S (UK) Becoming a breastfeeding mother: An interactionist perspective
15:10 - 15:40 Concurrent Session: 5
Room A: Barnes VR, Agno KE, Dibley MJ (AUS) Determinants of breastfeeding indicators in Aboriginal and Torres Strait Islander mothers
Room B: Paffreyman Z, Haycroft E, Meywe C (UK) Parent’s modeling of eating practices and behaviours: Associations with children’s healthy food intake
Room C: Abd A, Mukhopadhyay S, Seddon P, Rogers I (UK) Breastfeeding duration and eczema prevalence in the Avon longitudinal study of parents and children
Room D: Reid J, Schmid V, Fenwick J, Sheenan A, Dykes F (AUS) What do first time mothers want and need from their immediate social network and wider community to support continued breastfeeding?
15:40 - 16:10 Refreshments
16:10 - 17:00 Keynote: Virginia Schmied – Breastfeeding – is it the problem? Contradictions and challenges for women, professionals and communities in contemporary breastfeeding discourse
17:00 - 17:15 Close of Conference – Fiona Dykes (Conference Convenor)
Conference Fees

Full Conference Package
Three-day conference attendance which includes all conference documentation, lunch and refreshments on each day, but NOT ACCOMMODATION.
Cost £375 + VAT (£450)

Single Day
One selected day’s conference attendance which includes conference documentation, refreshments and lunch for that day.
Cost £125 + VAT (£150)

Conference Dinner
Delegates may book a place at the conference dinner on Thursday 9th June.
Cost £35 + VAT (£42)

Terms and Conditions

1 Registration/Payment Terms – By returning the booking form, which is an online form and can be found on the website www.uclan.ac.uk/healthconf, you are requesting a firm booking. Please note that your place at the conference is subject to confirmation from UCLan in writing that your application is accepted. We reserve the right in our absolute discretion to refuse your application to attend the conference. All forms must be received by 2nd June 2011. Bookings will be accepted and confirmed only when full payment or invoicing instructions have been received. Bookings will not be accepted unless they are made using this online form. Payment sent independently of this booking form must state details of the delegate and the conference. If you do not receive a confirmation e-mail of your booking within two weeks of the conference, please contact the Conference Office.

2 Cancellation Policy – Any cancellations received up to and including [11th May 2011] will be given a refund less 10% administration charge. For cancellations received after this date, a refund will not be given. Cancellations must be made in writing to healthconferences@uclan.ac.uk Verbal cancellations will not be accepted.

3 Substitutions Policy – Requests for named substitutions (subject to our right of refusal) are accepted up to [2nd June 2011] and should be made in writing to healthconferences@uclan.ac.uk Verbal substitutions will not be accepted. Packages cannot be shared under any circumstances.

4 Booking Acknowledgment and Information – Please note that your booking acknowledgement will be sent once the form has been received. Formal joining instructions will be sent to you via email approximately two weeks before the start of the conference, using email address supplied.

5 Data Protection – UCLan will hold, use and process personal information to assist it in carrying out organisation of the conference at which you have requested a place. We will also use the details on your booking form in order to inform you of future conferences we have organised which might be of interest to you unless you request us not to do so by ticking the box on the booking form. UCLan will comply with its obligations under data protection legislation. Please refer to UCLan’s Data Protection Policy (available at www.uclan.ac.uk or by post on request) for further information.

6 General – If any provision of these Conditions is found to be invalid or unenforceable, the remainder shall not be affected. Any waiver by us of any breach by you is not a waiver of any other or subsequent breach. These Conditions and the contract between us do not create, confer or purport to confer any benefit or right enforceable by any person not a party to it.

7 English Law – These Conditions and the contract between us are subject to English law and the exclusive jurisdiction of the English courts.

Accommodation
The conference venue is the Grange Hotel, Grange Over Sands, Cumbria. Accommodation at the venue is available (subject to availability) by calling +44(0) 15395 33666 or by visiting www.grange-hotel.co.uk Please quote the conference when booking. A special rate of £85 B&B per person per night (single occupancy) will apply.

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